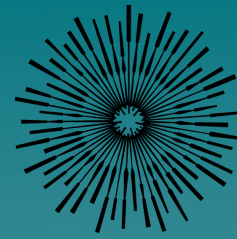


# Group Fitness Schedule



**VICEROY** MIAMI  
*Hotels Resorts Residences*

MON	TUES	WED	THURS	FRI	SAT	SUN
6:30-7:30 AM BOOTCAMP All levels Marcia	7:00-7:45 AM INDOOR CYCLING All levels Luis	6:30-7:30 AM BOOTCAMP All levels Marcia	7:00-7:45 AM INDOOR CYCLING All levels Luis	6:30-7:30 AM BOOTCAMP All levels Marcia	10:00-10:45 AM INDOOR CYCLING All levels Gino	6:30-7:30 PM YOGA FLOW All levels Mafer
7:30-8:30 AM PILATES All levels Lili	5:30 -6:15 PM INDOOR CYCLING All levels John	7:30-8:30 AM PILATES All levels Lili	5:30 -6:15 PM INDOOR CYCLING All levels John	7:30-8:45 AM POWER YOGA All levels Sylvia	11:00-12:15 PM YOGA FLOW All levels Gino	
5:30-6:30 PM BODY SCULPTING All levels John	6:30-7:30 PM YOGA FLOW All levels Brandi	5:30-6:30 PM BODY SCULPTING All levels John	6:30-7:30 PM CORE YOGA All levels Jodi	6:30-7:30 PM ZUMBA All levels Sandra	12:15-1:00 PM ZUMBA All levels Sandra	
6:30-7:30 PM ZUMBA All levels Marcia	7:30-8:30 PM MAT PILATES All levels Mafer	6:30-7:30 PM CORE YOGA All levels Ian	7:30-8:30 PM MAT PILATES All levels Mafer			
7:45-8:30 PM INDOOR CYCLING All levels Andi		7:45-8:30 PM INDOOR CYCLING All levels Andi				

## Rates

Hotel Guests|\$10  
Icon Residents and Members|Complimentary

## Fitness Hours

M-TH 6AM-10PM | F-SUN 6AM-9PM

PH. 305.503.0369  
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